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## Public Donates Over 250 ACs To Needy

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**NASHVILLE** -- Shondra Edmondson doesn't like to overload her children with sugar, but lately she shells out treats just to keep them cool.

 **Video: Public Donates Cash, Over 250 ACs To Needy**

The thermostat inside their mobile home registered 93 degrees when Channel 4 visited on Monday, despite the one overworked AC unit and several fans.

"Sometimes I have to wait at night until 8:30 or 9 at night to cook," said air conditioner recipient Shondra Edmondson.

The Edmondsons spent their hard-earned savings on that one air conditioning unit.

At night, she said they huddle together in one room to try to beat the heat.

Sometimes they have to make tough choices, especially for their 1- and 2-year-olds.

"Sometimes it's a whole lot cooler outside than it is in this house, and I'm scared something will happen to them," said Edmondson.

But they won't have to suffer the stifling heat much longer.

They'll soon have another AC unit thanks to the Metro Action Commission, and Channel 4's heat-wave help project.

In three weeks, Channel 4's viewers dropped off 257 air conditioners at Sprintz furniture stores and donated more than \$20,000 to help the Metro Action Commission rescue even more families from the heat.

That doesn't surprise the commission's executive director.

"When Nashville and people in our community understand people need help, they step forward," said Cynthia Croom of the Metro Action Commission.

But it does surprise the Edmondsons. They never imagined strangers could be so kind.

"Channel 4 and the Metro Action, they come through for us," said Edmondson.

Those who still need help trying to stay cool during this hot summer can call the Metro Action commission at 862-8860.

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### SAFETY TIPS

- Stay indoors as much as possible.
- Wear lightweight, light-colored, loose-fitting clothes.
- Drink plenty of water.
- Eat small meals, more often.
- Avoid caffeinated, carbonated and alcoholic drinks.

### HELP GETTING AC

- [Area Counties Provide Free Air Conditioning Units](#)
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